

## Are you a parent or a carer in Worcestershire?

Do you have children with additional needs or communication difficulties?

It is a difficult time for everyone. As adults it is difficult for us to take in all of the information and change that Covid-19 has caused in our lives.

It is even harder to help children and young people cope with all the uncertainties and disruption. Children who are feeling anxious and unsettled often show this in many different ways, including through their behaviour or communication.

We are here to help you.

You can email us for support - one of our team will call you back.

You can find resources related to Covid-19 on our website below. We are adding new resources every week.



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Speech and Language Therapy

Find us on Twitter @SLT\_Worcs

Website: <http://www.hacw.nhs.uk/sltcovid19>

Email: WHCNHS.sltcovid19@nhs.net

# Getting through COVID-19



#together

#gettingthroughcovid19