



NEIGHT HILL  
HIMBLETON  
DROITWICH  
WORCS.  
WR9 7LE

Telephone: 01905 391231

Website: [www.himbleton.worcs.sch.uk](http://www.himbleton.worcs.sch.uk)

HEADTEACHER: Mrs Gemma Martin

---

Monday 22<sup>nd</sup> March, 2021

### RELATIONSHIPS AND SEX EDUCATION (RSE)

Dear Parents and Carers,

We are thrilled to have all the children back in school – we have really missed them.

As you may be aware, the Department for Education has announced changes to Relationships and Sex Education (RSE). These changes, it has been confirmed, come into effect from the beginning of the Summer Term 2021 and all schools will be obligated to comply with the updated statutory requirements.

This means, that alongside everything else, we have been in the process of reviewing our RSE curriculum and policy so that we can be sure our provision meets the government criteria and is appropriate for our children based on their age, physical and emotional maturity, religious and cultural backgrounds, as well as special educational needs and/or disabilities. But also what pupils need to know to be healthy and safe in school, in their personal relationships and in the wider world.

A lot of work has gone into producing a whole school policy and overviews for each year group. At Himbleton CE First School and Nursery, we have been following [HeartSmart](#) and this will continue to be our main resource moving forward.

Our aim is to equip our pupils with a healthy internal dialogue and resilient approach to life through high quality learning opportunities which link closely to our school values and church school ethos. Through following HeartSmart, pupils engage in learning experiences told through stories to build healthy thinking, covering topics such as self-love, relationships with others, emotions, truthfulness and resilience.

HeartSmart is a creative new approach which we use to build character, emotional health and resilience in our children. It equips them with foundational principles and skills that will improve their mental health, relationships and academic achievement.

As a school we recognise the value of educating the heart alongside educating the mind and HeartSmart is a great tool to do just that.

I am pleased to provide a parent and carer consultation period on our RSE policy. Here's how you can help:

Please visit our school website. Here you will find:

- 1) [A copy of our school RSE policy for parent/carers consultation](#)
- 2) [A PowerPoint presentation for our parents and carers to view](#)
- 3) [The Church of England Principles and Charter for RSE and Health Education](#)
- 4) [Government guidance on the teaching of RSE and Health Education](#)

5) Overview of RSE and Health Education across our school throughout the wider curriculum.

Please do take some time to look at the documents and if you have any comments or questions for our review as part of the consultation on the RSE policy, please send them to [EYFS@himbleton.worcs.sch.uk](mailto:EYFS@himbleton.worcs.sch.uk) before Friday 16<sup>th</sup> April 2021.

Any questions or comments around the RSE policy and curriculum will be reviewed by myself and the appropriate committee of governors after this date. If there are any amendments made to our policy as a result of the parent and carer consultation, we will send you the updated policy.

As you are aware personal development is an area of strength here and Himbleton which will be further developed as we continue to develop HeartSmart into our curriculum.

We take any curriculum development very seriously and know that we must play our part in preparing our children for the wider world.

Many Thanks,

Mrs Suzie Wallis

PSHE Lead