

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1

**BBQ Chicken Pizza**  
Crudites

Option 2

**Margherita Pizza**  
Crudites

Potatoes & Pasta

Packed Lunch

The Finale

### TUESDAY Family Faves

**Beef Burger in a Bun**  
Oven Baked Wedges  
Coleslaw

**Super Veggie Burger in a Bun**  
Oven Baked Wedges  
Coleslaw

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

**Pick and Mix Packed Lunch**

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Pudding of the day

Pudding of the day

Pudding of the day

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

### WEDNESDAY Baking British

**Roast Gammon**  
Roasties and Fresh Vegetables  
Gravy

**Veggie Sausage & Summer Veg Traybake**  
Roasties and Fresh Vegetables  
Gravy

### THURSDAY Food Festival

**Chicken Tikka Biryani**  
Wholegrain Rice  
Coconut Green Beans

**Roasted Sweet Potato Dhal**  
Wholegrain Rice  
Coconut Green Beans

### FRIDAY Fun Day

**Fish Fingers**  
Salmon or Pollock  
Chips and Baked Beans

**Baked Beans & Vegetable Dippers**  
Chips

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

## MONDAY Authentic Italian

## TUESDAY Family Faves

## WEDNESDAY Baking British

## THURSDAY Food Festival

## FRIDAY Fun Day

Option 1

### Creamy Chicken Pasta Bake

Whole Grain Penne  
Garlic Slice  
Green Salad

### BBQ Pulled Pork & Mash

Carrots

### Roast Chicken & Stuffing

Roasties and  
Fresh Vegetables  
Gravy

### Beef Lasagne

Potato Wedges  
Rainbow Slaw

### Baked Breaded Fish

Chips and  
Mushy Peas

Option 2

### Veggie Bolognese

Whole Grain Penne  
Garlic Slice  
Green Salad

### Baked Bean & Veggie Sausage Cowboy Pie

Carrots

### Cheese & Spring Onion Pastry Slice

Roasties and  
Fresh Vegetables  
Gravy

### Veggie Nachos & Cheese

Potato Wedges  
Rainbow Slaw

### Carrot & Potato Cakes Homemade Tomato sauce

Chips and  
Mushy Peas

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Packed Lunch

### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Pudding of the day

Pudding of the day

Pudding of the day

Pudding of the day

Pudding of the day

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

## WEEK THREE

### MONDAY Authentic Italian

Option 1

Meatball, Pasta & Garlic Bread  
Traybake  
Sweetcorn ▲

### TUESDAY Family Faves

Sticky Baked Bangers & Mash  
Green Beans  
Gravy ▲

### WEDNESDAY Baking British

Roast Chicken & Stuffing  
Roasties and Fresh Vegetables  
Gravy ▲

### THURSDAY Food Festival

Honey & Soy Chicken Stir Fry  
Wholegrain Rice  
Broccoli ▲

### FRIDAY Fun Day

Fish Fingers  
Salmon or Pollock  
Chips and Peas

Option 2

Tomato & Mozzarella Gnocchi  
Garlic Slice  
Sweetcorn ▼

Sticky Veggie Bangers & Mash  
Green Beans  
Gravy ▼

Quorn Roast  
Roasties and Fresh Vegetables  
Gravy ▼

Crunchy Topped Macaroni Cheese  
Broccoli ▼

Veggie Croquettes  
Chips and Peas ▼

Potatoes & Pasta

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily ◆

Packed Lunch

#### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

The Finale

Pudding of the day Pudding of the day Pudding of the day Pudding of the day Pudding of the day

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch